

THE LITTLE BOOK OF
INTUITION



HOW TRUSTING YOUR SIXTH SENSE
LEADS TO ENLIGHTENMENT

WHITNEY LARSON

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INTRODUCTION

What if there was a tool that could unleash your greatest potential, fill you with passion and purpose, and create the life of your wildest dreams?

I know it might sound like I'm peddling some illegitimate secret that promises to show you how to get rich quick, attract your soulmate, or manifest all your dreams into reality. But actually, I'm not here to try to make you a millionaire or show you how to win over the love of your life. In fact, I'm not even going to guarantee that this book will help you get any of the things you think you want. What I can guarantee, however, is that this tool will create a life that is far richer, infinitely deeper, and light years more amazing than anything your mind has ever dreamt up. Where you've fantasized about having a slice of the pie, this tool will give you the whole damn thing. The tool I'm talking about is your Intuition – a fundamental part of who you are, and the key to creating a life full of unfathomable magic.

Your Intuition is an ability that goes beyond your body's five senses and is even more powerful than the capabilities of your thinking mind. Intuition is something that we as a species have largely neglected, and yet it's the very thing that can unlock your greatest potential and revolutionize how we as humans exist. Intuition is your sixth sense – a supernatural ability that allows you to tap into the infinite intelligence and power of The Universe – and turn your dreams into reality.

I grew up believing that what we see is all there is. As a trained lawyer and the daughter of a medical doctor and physicist, I was taught to believe that truth consisted of facts that were backed by data, tested by science, and

proven through experimentation. I took on this perspective for decades, until my own lived experiences made me question my beliefs. My experiences proved that there was more to life than what we can observe or even intellectually understand. I started to scientifically study life, formulating and testing theories about the relevance, connection, and meaning behind life's unfoldings. I discovered that there is so much more to existence than what we've traditionally thought, far more than what we can scientifically prove or that technology can currently detect. Truth exist beyond the understanding of our thinking minds. There are things we can know beyond what our minds can think.

We actually start out in life connected to more than just this physical plane. Over time, however, we train our minds to focus on living solely in the material realm. As our minds gain in intellectual understanding, we lose our ability to think outside of what we know. Most of us don't even remember that right above us exists a universe that goes on into infinity – so we're able to carry on living life as usual.

Like everyone else, I too learned to push away remembering the infinite nature of our existence to live out a “normal” life. I graduated college, went to grad school, and became a “productive member of society.” I developed a satisfying romantic relationship. I lived in a beautiful home. I did life exactly how it is supposed to be done, so well in fact that by age 30 I didn't just have enough; I had total abundance. I had unlimited financial resources, a partner I loved, and I got to travel the world at my leisure. I even had an excess of the most precious resource of all – time. My life was what most people work their entire lifetimes hoping to achieve.

I spent the first few years of this dream life doing exactly what you might expect – all the things I'd ever wanted to do but never had the time or resources to explore. I gardened. I baked. I painted. I sewed. I took up tennis. I tried acting. I reveled in the freedom of no longer being bound by what I had to do to get by. Instead, I spent my days doing anything and everything that brought me pleasure. I felt certain that I was the luckiest person in the world. I had everything anyone could ever want. But after

several years of living on pure enjoyment, I started to wonder, *Is this really what life is all about? After getting everything everyone thinks they want, what comes next? What is there beyond the material version of Infinity?*

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Is this really what life is all about? After getting everything everyone thinks they want, what comes next? What is there beyond the material version of Infinity?

This is where my journey began – when I did the unthinkable and actually left my life of having “it all” to go in search of something more.

What you're about to read is what I uncovered: that within each of us already exists all the answers we'll ever need to create the lives we truly want. These answers lie in your Intuition, a gateway to the ultimate state of being – *IN*lightenment.

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You've experienced your Intuition, whether you called it that or not. Perhaps you faced making a big life decision and your gut told you which direction to take, even though there were plenty of logical reasons for you to choose otherwise. Or maybe you encountered someone you naturally felt drawn to or repelled by. Even though you can't always put your finger on what this feeling is or where it's coming from, there is an inner compass guiding you at all times.

Your Intuition is your connection to an expanded consciousness – a consciousness so vast, in fact, that it extends all the way into Infinity, just like the nature of The Universe. When you follow your Intuition, you'll break through the limitations of your own mind and tap into a force that is far greater and more powerful than anything else that exists. Your Intuition connects you to the source that creates the entire universe and all of the magic of life. When you follow your Intuition, you'll harness that power and magic and bring it into your own life.

I can't promise to give you all the answers to your life's problems. But what I can promise is to reveal the secrets of your Intuition, which will empower you to transform your own life – and even show you how to begin your journey to *IN*lightenment.



ABOUT THE AUTHOR

WHITNEY LARSON is the author of a *Little Book* series, which includes *The Little Book of INlightenment* and *The Little Book of INsight*. Whitney also hosts the podcast, *The IN Factor*, which covers all things Intuition. Whitney's life's work is rooted in expanding her own conscious awareness and aiding others to do the same through connecting to and trusting their Intuition, the tool that can guide each of us to create our best lives individually and to collectively transform our world.

MORE FROM
WHITNEY LARSON

THE LITTLE BOOK OF *IN*LIGHTENMENT

THE LITTLE BOOK OF *IN* SIGHT

IN IT - A MEMOIR

THE ONLY WAY OUT IS *IN*

*IN*WARD AND UPWARDS

WHAT WOULD DON DO?



WHITNEY
LARSON